



**ISLAND  
CAMPING**

## TEAM BUILDING & CAMPING

*Island*

**1.5 Day**

*Onsite*

**24hr**



**ONSITE  
CAMPING**

### SCHEDULE

#### Day 1:

**9.45am** Arrive, introductions, briefing, snack

**10.30am** Activities

**12.30pm** Lunch

**1.15pm** Activities

**3.30pm** Down time followed by:

**Island camping:** Pack belongings in barrels.

**Onsite camping:** Unpack and set up bedding in accommodation.

**5.00pm** Main meal followed by departure for the **island** / begin activities **onsite**

**Evening** During the evening, the group do some structured activities and/or games, supper, campfire, roast marshmallows.

#### Day 2: Island

**8.00am** Breakfast, break camp, depart island

**10.30am** Packing up followed by a comprehensive review of the trip.

**12.00pm** Departure

#### Day 2: Onsite

**8.00am** Breakfast, followed by packing up and a comprehensive review of the trip

**10.00am** Departure

Please note: The above outline is a sample. Times and details are subject to change depending on time of arrival and other circumstances that may arise, including weather conditions.

### PRICING

(minimum of 15 to facilitate activity & camping trips)

	<b>ISLAND</b>	<b>ONSITE</b>
15 – 34 pax	€150.00pp	€120.00pp
35 - 54 pax	€140.00pp	€110.00pp
Onsite only - 55+ pax	n/a	€100.00pp

- We can cater for up to 55 per night on the **ISLAND** and up to 100 per night **ONSITE**. For larger groups please ask about our options.
- One accompanying teacher/adult per 15 students is included in the price quoted, up to a maximum of four. Extra teachers are charged at €25.00 each.

## CAMPING AND GENERAL INFORMATION

### **Onsite: Accommodation & Facilities**

Student accommodation is camping in large, shared safari tents – strictly separate tents for boys and girls – sleeping on inflatable mattresses or camp beds in sleeping bags (students bring sleeping bag).

The campsite is fully supervised overnight.

Teachers are accommodated indoors - female teachers are accommodated in a shared ensuite dorm-style room and male teachers in the mobile home onsite. Teacher's beds will have a sheet and pillow but a sleeping bag or duvet is required.

We do not require supervision from teachers but some input before bedtime is appreciated.

### **Island: Accommodation & Facilities**

When packing for the island trip, belongings are checked for restricted items and packed into black sacks and then barrels for transporting to the island (see checklist).

The group paddle to the island (1km upriver) on Canadian Canoe Rafts. Facilities are purposefully quite primitive. Students are accommodated in large pre-erected tents, sleeping on ground mats (we provide) – girls and boys separate.

Teachers, if staying on the island, also camp (separate to students).

### **General**

At the centre we have a modern shower and toilet block, spacious and covered outdoor dining/meeting area and tea/coffee making facilities.

We also have a café and tuck shop onsite where hot & cold drinks and snacks can be purchased.

Phones are collected on the morning of the first day. With the agreement of teachers, students camping onsite may have a short time with their phones after evening activities but are not allowed in the accommodation.

Restricted items include drugs, alcohol, matches, lighters, extra/dummy phone, and smoking or vaping is not permitted except with prior permission and only in the designated smoking area.

### **The price includes:**

**Food (except lunch on the first day):** main meal, evening supper, hot and cold breakfast including sausages, beans, toast, cereal, fruit & yoghurt, and fruit juice, hot lunch before departing.

**Teachers:** One per 15 students up to a maximum of 4.

We will require a list of any special dietary needs a week in advance.

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All equipment for water activities supplied, including wetsuits, buoyancy aids and helmets.

A list of required and recommended items will be sent in advance of the trip.



Drumminmore, Rooskey, Co. Roscommon N41 X902

[www.shannonriveradventure.com](http://www.shannonriveradventure.com)

[info@shannonriveradventure.com](mailto:info@shannonriveradventure.com)

071 9638300 / 087 2077559

 "Shannon River Adventure"

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## IMPORTANT INFORMATION RE BOOKING AND PAYMENT

On booking, we will email you parental consent forms, a kit list/information sheet which includes a list of recommended items to bring/wear, restricted items and other useful information. You will also receive a booking form which will include the amount due as deposit. Bookings are only confirmed on receipt of deposit.

Please let us know if your school is managed by an ETB so that we submit a quote in order that you to raise a Purchase Order no. for the deposit due.

The booking form should be completed, reviewed, signed and returned 2 weeks prior to arrival.

### 2 WEEKS PRIOR TO ARRIVAL:

- **Numbers:** Please provide us with exact numbers of attending students and teachers, plus a breakdown of male and female attendees
- **Booking form:** Should be submitted at this stage outlining number of attendees.

### 1 WEEK PRIOR TO ARRIVAL:

- **Payment:** Invoice issued for the balance due.
- **Meals:** We need to know the numbers, and names, of attendees with any special dietary requirements.
- **Forms:** All parents guardian forms should be signed at this stage and collected by the organizer. The form should include any special dietary, medical or additional needs and this information should be provided to Shannon River Adventure. **(Please bring the forms with you on the trip).**
- Please ensure that the group are familiar with the list of items we recommend bringing/wearing as well as the policy on restricted items and phone use.  
Also, remind students to ensure they have suitable bedding for camping - They can bring sleeping bags, duvet, pillow etc.

Teacher's beds will have a sheet and pillow but a sleeping bag or duvet is required.

### **Please note: ATTENDANCE and PAYMENT**

The requirement for final number of attendees and advance payment policy is due to the high volume of numbers dropping from booked to actual attendance and is no longer sustainable for us.