

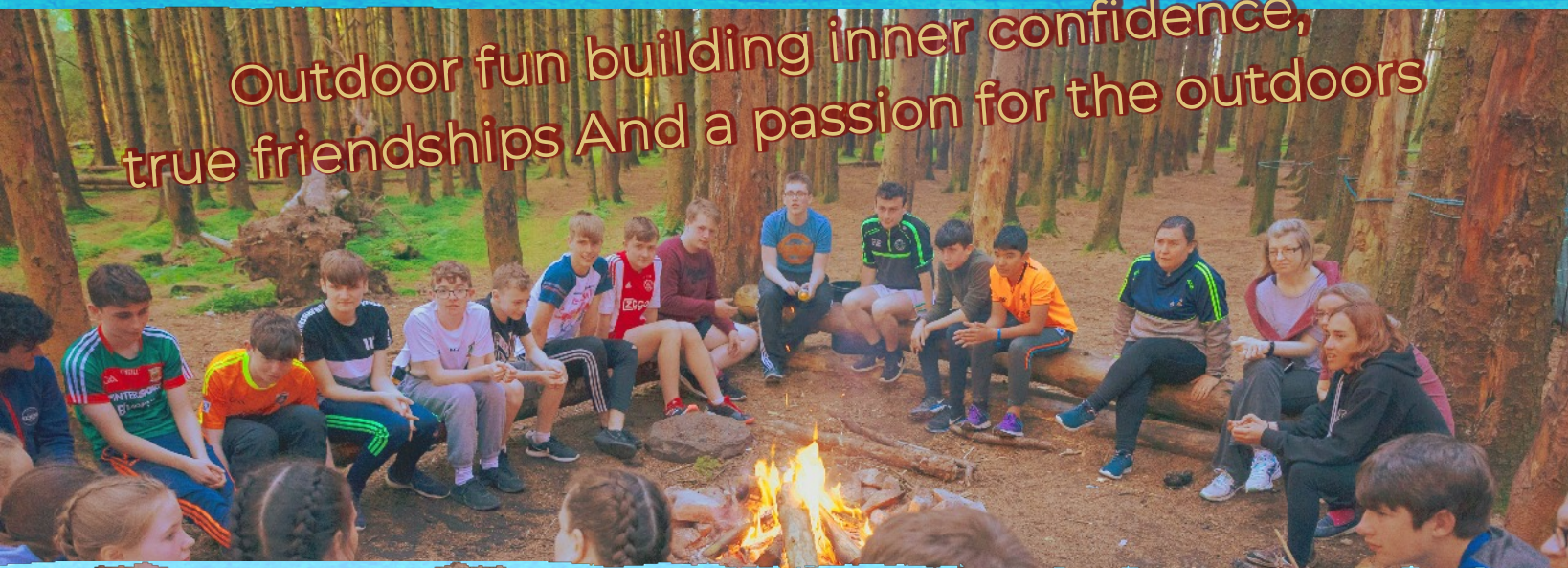
# SHANNON RIVER Adventure



## SECONDARY SCHOOLS



Outdoor fun building inner confidence,  
true friendships And a passion for the outdoors



Rooskey, Co. Roscommon

Phone: 071 963 8300 / 087 207 7559

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# GAISCE



# TEAM BUILDING

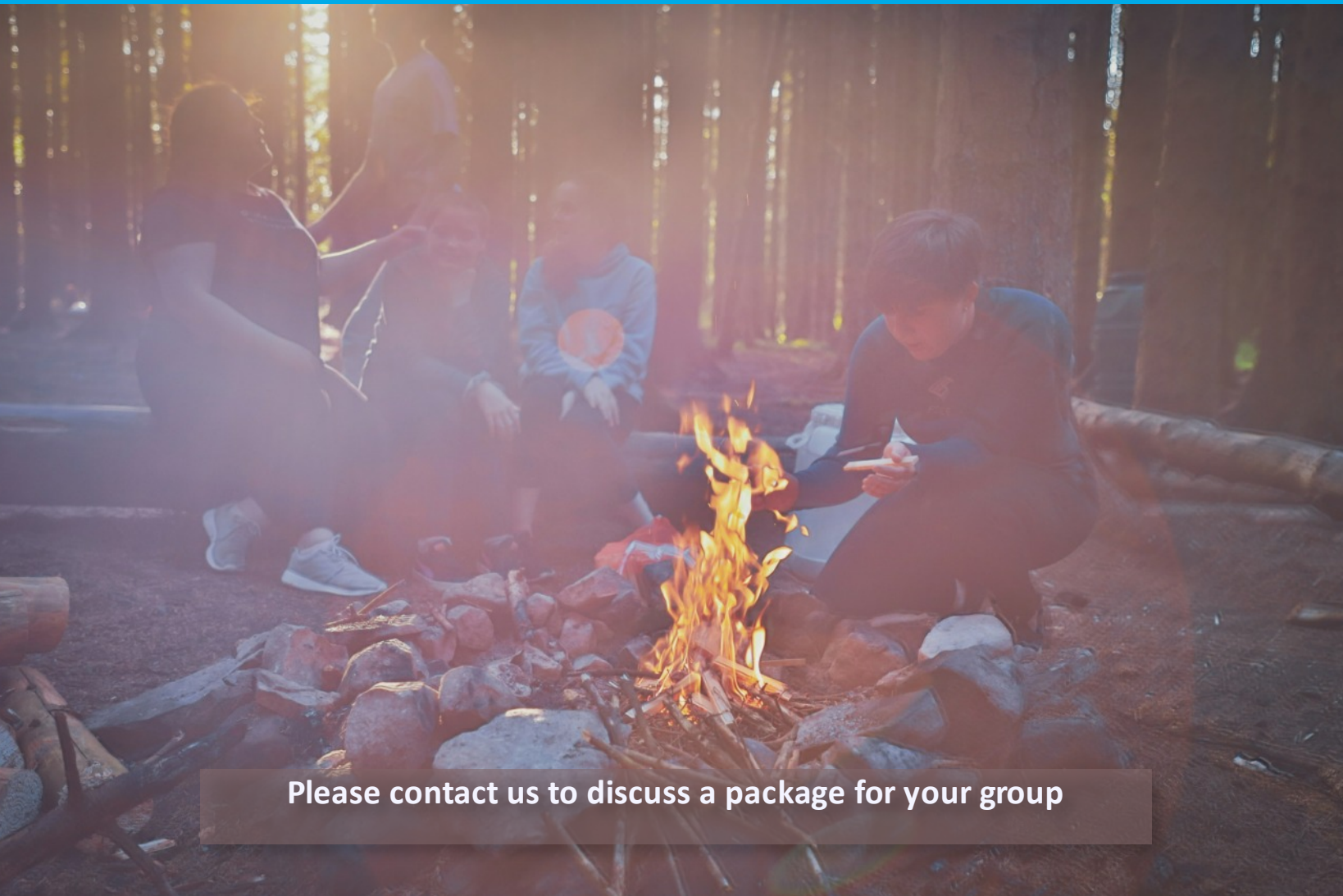


# FUN



Here at Shannon River Adventure we have been working with schools for many years. Located on the banks of the River Shannon, we offer programs ranging from fun multi-activity day trips to our unique island camping journeys.

All activities and expeditions are conducted under the utmost safety conditions. Our experienced instructors are vetted, have relevant qualifications & up-to-date first aid.



Please contact us to discuss a package for your group



# TEAM BUILDING

## DAY TRIPS



Multi-activity team building  
up to 8 activities  
over 6 hours



Kayaking  
Mud Slide  
Pier Jumping  
Canoeing  
SUPs  
Archery  
Climbing Wall  
Dynamic Games  
&  
Team Challenges  
Fun Assault Course



## ISLAND CAMPING



Canoe -Camping Journey



## ONSITE CAMPING



Safari Tents

Day and camping-activity trips suit all class levels



# CAMPING

## GAISCE

## TEAM BUILDING

### INCLUDES

**Bronze Award**

**Meals**

**25km Walk over 2 days**

**Camping accommodation**

**&**

**Evening Activities**

**Island or Onsite Camping**

**Safety equipment & wetsuits**

**Full Supervision**

**Full day**

**Multi-Activity**

**&**

**Island or Onsite Camping**



**We facilitate 1, 2 and 3 night stays which can be taken to achieve higher Gaisce Award levels or combine Gaisce and Team building.**

**Please contact us if you would like to discuss all of our options**

**We will do our best to accommodate your group's particular requirements**



## REVIEWS

### Selection of Testimonials

*"I can't recommend Shannon River Adventure enough. Malahide CS are coming here for the last 7 years. Staying on the island is always the highlight for all our students - It's a real unique experience. All our second years are looking forward to April already. Tommy and all his Staff look after us all so well".*

(Dermot Washington, Malahide Community School)

*"Thank you very much for a very well organised, really enjoyable few days on our Gaisce trip for our boys! We did the cycling/camping journey and the boys loved it from start to finish. The boys cycled from Roscommon and then took part in land and water activities before canoeing to the island for great food, games and camp fire fun. Thanks again".*

(Louise Gallagher, CBS, Roscommon)

*"We've been doing our Bronze Gaisce at Shannon River Adventure for several years. The canoe journey and island camp trip is a highlight in the TY year. Mary and I love doing the trip every year too. It's a great experience for the students and teachers alike. Thanks to all the staff. See you next year"*

(Declan Kavanagh, Moyne Community School)

*"Booked in again for our TYs at Shannon River Adventure. We have large TY numbers – 100+ - and booking and arrangements were handled really well. Good activities during the day and the "back to nature" approach for the island camping is great. Tommy and his team know exactly what they're doing, especially when it comes to putting teachers' minds at rest regarding safety and good supervision".*

(John Barron, Templeogue College, Dublin)

*"We did 3 days, 2 nights here and, although we found it challenging at times, we thoroughly enjoyed the camping experience on the island. Sitting around the campfire, singing and playing games. I would genuinely recommend this experience".*

*"Tommy was great. He gave us what we want and always with a smile. The students loved the real experience of the outdoor life, with campfire songs, games, food. They catered for all needs. We will be back!"*

(Kevin & Yvonne, Our Lady's Templemore)

*"Fantastic stay. Well supervised, well organised, fantastic staff".*

*"Absolutely wonderful experience for the students and teachers. Really well organised and fantastic, enthusiastic instructors. Looking forward to coming back again soon!"*

*"Excellent group experience. Perfect for the TY students. It takes them outside their comfort zone and challenges them to try new experiences. No phones in camp is a great idea".*

(D. Sweeney, Fiona Mulvery, Caroline, St. Oliver's PP, Co. Meath)

*"I have used Shannon River Adventure for senior camping trips with my school for the last 3 years. It is an unbeatable experience for both teachers and students. Disconnecting from the digital world and reconnecting with each other face to face. This trip is well-being on a very real level. Engaging with each other in team building activities, building and strengthening relationships - this trip should be on the curriculum of every post primary school"*

*"This morning myself and a group of friends sadly left Shannon River Adventure. It was an amazing experience and well worth the money, creating a great environment for us to grow and connect as a group. Thank you for being so welcoming, we hope to be back".*

*"Well recommended, unreal time, loved every second of it.".*

(Teachers & students , Pobailscoil Iosolde, Palmerstown)

*"Thanks for a brilliant two days at Shannon River Adventure Centre. It was great to go to a centre so experienced with the Gaisce Award. Students and staff were looked after from start to finish. The freedom offered during the island stay was a fantastic benefit to the transition year students. Overall, students were very happy not to have their phones. Communication with the centre was excellent and we really appreciate the late booking acceptance. A 5-star experience and we will be back next year".*

(Students and Staff, Athboy Community School, Co. Meath)





### Travel Times

- **Dublin/M50/N4: 1.5 hours**
- **Mullingar/N4: 45 mins**
- **Castlebar/N5: 1.5 hours**
- **Roscommon/N63, R371: 30 mins**
- **Sligo/N4: 45 mins**
- **Athlone/N61, N63, R371: 45 mins**

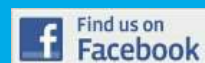
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