



GAISCE BRONZE AWARD

Sample outline and information of two-day Adventure Journey with

**ONSITE
CAMPING**

SAMPLE OUTLINE & SCHEDULE

Day 1

- 9.45am** Arrive at centre. Meet, greet, quick snack and briefing
- 10.30am** Begin walk from centre (17km). Break for lunch along the way (participants bring their own packed lunch).
- 3.30pm** Down time followed by main meal
- Evening** Land and/or water activities

Day 2:

- 8.00am** Breakfast & pack
- 9.00am** Embark on 2nd walking route (9km) from centre.
- 1.00pm** Hot lunch followed by comprehensive review of the expedition before departure at 2.00pm.

Please note: The above outline is a sample. Times and details are subject to change depending on time of arrival and other circumstances that may arise, including weather conditions.

We can accommodate up to 100 onsite

Minimum numbers to facilitate Gaisce Journeys is 15

Pricing

15 - 29 pax	€170.00pp
30 - 49 pax	€160.00pp
50 +	€150.00pp

1 teacher free per 15 students. Extras are charged €25.00 each.



Drumminmore, Rooskey, Co. Roscommon N41 X902

www.shannonriveradventure.com

info@shannonriveradventure.com

071 9638300 / 087 2077559

 "Shannon River Adventure"

THE GAISCE JOURNEY

Walking

- 26km over 2 days – fulfilling Gaisce criteria
- no rough terrain
- Comfortable walking shoes essential
- Participants should have a good level of fitness

Accommodation & Facilities

Student accommodation is camping in large, shared safari tents – strictly separate tents for boys and girls – sleeping on inflatable mattresses in sleeping bags (students bring sleeping bag).

We do not require supervision from teachers but some input before bedtime is appreciated. The campsite will be fully supervised overnight. Female teachers are accommodated in a shared ensuite dorm-style room and male teachers in the mobile home onsite. Price includes a maximum of 1 teacher per 10 students.

At the centre we have a modern shower and toilet block, spacious and covered outdoor dining/meeting area and tea/coffee making facilities.

We also have a café onsite where hot & cold drinks and snacks can be purchased.

Phones are not permitted for the duration of the trip (apart from accompanying adults) which encourages interaction and team bonding.

Restricted items include: drugs, alcohol, matches, lighters and smoking or vaping is not permitted except in the designated smoking area.

During the evening, the group will do some structured activities and/or games, hot evening snack, campcraft, campfire, and marshmallows.

Food

The price includes food (except lunch on the first day): main meal, evening snack, cooked and cereal breakfast, fruit juice and hot lunch before departure.

We will require a list of any special dietary needs a week in advance.

All equipment for water activities supplied, including wetsuits, buoyancy aids and helmets.

A list of required and recommended items, along with other useful information and policies relating to students, will be sent in advance of the trip.



Drumminmore, Rooskey, Co. Roscommon N41 X902

www.shannonriveradventure.com

info@shannonriveradventure.com

071 9638300 / 087 2077559

 "Shannon River Adventure"

BOOKING INFORMATION

On booking, we will email you parental consent forms, a kit list/information sheet which includes a list of recommended items to bring/wear, restricted items and other useful information. You will also receive a booking form which will include the amount due as deposit. Bookings are only confirmed on receipt of deposit.

Please let us know if your school is managed by an ETB so that we submit a quote in order that you to raise a Purchase Order no. for the deposit due.

The booking form should be completed, reviewed, signed and returned 2 weeks prior to arrival.

2 WEEKS PRIOR TO ARRIVAL:

- **Numbers:** Please provide us with exact numbers of attending students and teachers, plus a breakdown of male and female attendees
- **Booking form:** Should be submitted at this stage outlining number of attendees.

1 WEEK PRIOR TO ARRIVAL:

- **Payment:** Invoice issued for the balance due.
- **Meals:** We need to know the numbers, and names, of attendees with any special dietary requirements.
- **Forms:** All parents guardian forms should be signed at this stage and collected by the organizer. The form should include any special dietary, medical or additional needs and this information should be provided to Shannon River Adventure. **(Please bring the forms with you on the trip).**
- Please ensure that the group are familiar with the list of items we recommend bringing/wearing as well as the policy on restricted items and phone use.
Also, remind students to ensure they have suitable bedding for camping - They can bring sleeping bags, duvet, pillow etc.

Teacher's beds will have a sheet and pillow but a sleeping bag or duvet is required.

Please note: ATTENDANCE and PAYMENT

The requirement for final number of attendees and advance payment policy is due to the high volume of numbers dropping from booked to actual attendance and is no longer sustainable for us.