

**ONSITE  
CAMPING**

**TEAM BUILDING & CAMPING**

**24hr**

(Sample Outline)



Up to 8 activities at the centre on day 1 will include a selection from:

**Water:** Kayaking, Pier Jumping, Mudslide, Canoeing, SUPs

**Land:** Climbing Wall, Archery, Fun Assault Course, dynamic games & team challenges

**SCHEDULE**

**Day 1:**

<b>10.00am</b>	Arrive, introductions, briefing, snack
<b>10.30am</b>	Activities
<b>12.30pm</b>	Lunch
<b>1.15pm</b>	Activities
<b>4.00pm</b>	Down time followed by main meal
<b>Evening</b>	Land and/or water activities, evening snack.

**Day 2:**

<b>8.00am</b>	Breakfast
<b>9.00am</b>	Packing up followed by a comprehensive review of the trip.
<b>10.00am</b>	Departure

Please note: The above outline is a sample. Times and details are subject to change depending on time of arrival and other circumstances that may arise, including weather conditions.

**PRICING**

(minimum of 15 to facilitate activity & camping trips)

15 – 24 pax	€120.00pp
25 - 54 pax	€110.00pp
55 +	€100.00pp

1 teacher free per 15 students. Extras are charged €25.00 each

- We can cater for up to 100 onsite per night. For larger groups please ask about our options.
- One accompanying teacher/adult per 15 students is included in the price quoted, up to a maximum of four. Extra teachers are charged at €25.00 each.



Drumminmore, Rooskey, Co. Roscommon N41 X902

Phone: 0719638300/0872077559

Email: [info@shannonriveradventure.com](mailto:info@shannonriveradventure.com)

Website: [www.shannonriveradventure.com](http://www.shannonriveradventure.com)

 "Shannon River Adventure"

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## Accommodation & Facilities

Student accommodation is camping in large, shared safari tents – strictly separate tents for boys and girls – sleeping on inflatable mattresses in sleeping bags (students bring sleeping bag).

We do not require supervision from teachers but some input before bedtime is appreciated. The campsite will be fully supervised overnight. Teachers are accommodated in a shared ensuite dorm-style room indoors. No minimum number of teachers required.

At the centre we have a modern shower and toilet block, spacious and covered outdoor dining/meeting area and tea/coffee making facilities.

Before going to the camp site, belongings are checked for restricted items such as, alcohol, drugs, phones, lighters/matches. Phones are not permitted for the duration of the trip (apart from accompanying adults) which encourages interaction and team bonding.

During the evening, the group will do some structured activities and/or games, hot evening snack, campfire, and marshmallows.

## Food

**The price includes food (except lunch on the first day):** main meal, evening snack, hot & cold breakfast, fruit juice.

We will require a list of any special dietary needs a week in advance.

We have a café with a tuck shop where hot & cold drinks and snacks can be purchased.

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All equipment for water activities supplied, including wetsuits, buoyancy aids and helmets.

A list of required and recommended items will be sent in advance of the trip.



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## IMPORTANT INFORMATION RE BOOKING AND PAYMENT

On booking, we will email you parental consent forms, a kit list/information sheet which includes a list of recommended items to bring/wear, restricted items and other useful information. You will also receive a booking form which will include the amount due as deposit. Bookings are only confirmed on receipt of deposit.

Please let us know if your school is managed by an ETB so that we submit a quote in order that you to raise a Purchase Order no. for the deposit due.

The booking form should be completed, reviewed, signed and returned 2 weeks prior to arrival.

### 2 WEEKS PRIOR TO ARRIVAL:

- **Numbers:** Please provide us with exact numbers of attending students and teachers, plus a breakdown of male and female attendees
- **Booking form:** Should be submitted at this stage outlining number of attendees.

### 1 WEEK PRIOR TO ARRIVAL:

- **Payment:** Invoice issued for the balance due.
- **Meals:** We need to know the numbers, and names, of attendees with any special dietary requirements.
- **Forms:** All parents guardian forms should be signed at this stage and collected by the organizer. The form should include any special dietary, medical or additional needs and this information should be provided to Shannon River Adventure. **(Please bring the forms with you on the trip).**
- Please ensure that the group are familiar with the list of items we recommend bringing/wearing as well as the policy on restricted items and phone use.  
Also, remind students to ensure they have suitable bedding for camping - They can bring sleeping bags, duvet, pillow etc.

Teacher's beds will have a sheet and pillow but a sleeping bag or duvet is required.

### **Please note: ATTENDANCE and PAYMENT**

The requirement for final number of attendees and advance payment policy is due to the high volume of numbers dropping from booked to actual attendance and is no longer sustainable for us.